

July 9, 2020 Edition

## Happy Anniversary

We would like to wish a VERY special anniversary to the couples listed below - enjoy your weekend!

- 7/12: Marge & Mel Clarke













## Happy Birthday

Several campers are celebrating their birthday this week:

- 7/9: Ruby Benko
- 7/9: Ernie Whittaker Jr
- 7/11: Sharon Hopwood-Jones
- 7/14: Julie Gavin
- 7/14: Dale Gavin
- 7/14: Victoria Carone
- 7/14: Zoey LeGresley
- 7/15: Lana Foote Daigle
- 7/15: Jennifer Farkas
- 7/16: Alna Daigle
- 7/16: Abbygale Leaniumer
- 7/16: Jason Zeitlin
- 7/16: Jay Paiement



## Know how to identify Heat related ailments:

HEAT EXHAUSTION		OR	HEAT STROKE	
Faint or dizzy			Throbbing headache	
Excessive sweating			No sweating	
Cool, pale, clammy skin			Body temperature above 103° Red, hot, dry skin	
Nausea or vomiting			Nausea or vomiting	
Rapid, weak pulse			Rapid, strong pulse	
Muscle cramps			May lose consciousness	
<ul style="list-style-type: none"> <li>• Get to a cooler, air conditioned place</li> <li>• Drink water if fully conscious</li> <li>• Take a cool shower or use cold compresses</li> </ul>	<b>CALL 9-1-1</b>			<ul style="list-style-type: none"> <li>• Take immediate action to cool the person until help arrives</li> </ul>

## URGENT ELECTRICAL REQUEST

PLEASE run your water heater on propane.

PLEASE run your refrigerator on propane.

PLEASE CHARGE CARTS AT NIGHT.

Our guidelines state that our electrical system is designed to supply basic electrical usage only.

We **DO NOT GUARANTEE** that every site will be able to run air conditioning. Please help us out so we can all have an enjoyable weekend.

See Dave or Tim in the office with any questions.

Here is an article I found in reference to this:

### BEFORE YOU BLOW YOUR "BREAKER"

Take a look at the chart below to add up the amperage requirements for these RV Appliances that are in almost every camper. It is surprising how fast the AMPS add up which causes breakers to trip. Knowing the AMPS of all the electrical appliances in your camper can help you manage electrical use and help prevent the inconveniences of "MY ELECTRICITY WENT OUT"

- |                               |          |
|-------------------------------|----------|
| • Air Conditioner (15,000BTU) | 16AMPS   |
| • Electric Water Heater       | 12.5AMPS |
| • Microwave                   | 12.8AMPS |
| • Coffee Pot                  | 9AMPS    |
| • Toaster                     | 10AMPS   |
| • Hair Dryer                  | 10AMPS   |
| • RV Refrigerator on electric | 5-8AMPS  |
| • 12V Converter               | 5.5AMPS  |
| • TV                          | 2AMPS    |

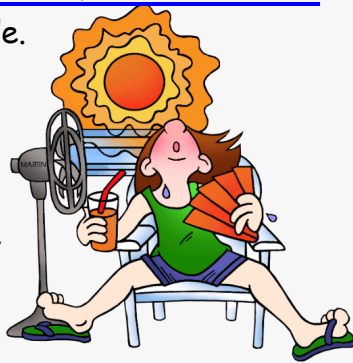
You can easily see that in the morning if you start your Air Conditioner, with the water heater and refrigerator both on electric, then start your coffee pot, make some toast, and watch TV, you are pulling as much as 57.5AMPS when all are working at maximum capacity. Then if someone needs to fix their hair with a hair dryer, LOOK OUT!

To compound the problem, each and every time a breaker trips, it weakens the Amperage protection initially rated for. In other words, if a breaker was originally rated for 30A, it might drop an Amp or two each time leading to extra unnecessary work to replace your equipment.

## Dealing with Hot and Humid Weather:

No doubt — it's hot outside.

High temperatures are expected to peak in the 90s, and when you take into consideration how humid it is, the heat index could climb well over 100.



We can't make any promises about cooler weather in the immediate forecast, but we can entertain you with some surprising facts about heat and humidity!

1. **Fans don't cool the room temperature, so turn them off when you leave.** Box fans; ceiling fans; drum fans; tower fans — they are great at keeping you cool, as long as you are in the room. If you leave them running when you're not home, the only thing they do is waste energy. Sweating often feels gross, but it's the body's natural air conditioning. When water evaporates, it literally absorbs the energy (heat) off your body. It is a cooling process, which is why when there's a breeze, whether it's summer or winter, we feel cooler. Fans make us feel cooler because they create a breeze, which evaporates the moisture on our skin more efficiently than stagnant air.
2. **Cotton is not the only fabric that can keep you cool and dry on a hot day.** Cotton is a lovely, natural fabric. It's breathable and absorbs water, which prevents sweat from building up on your skin. It also has the advantage of being comfortable and tends to be hypoallergenic. But there are a few other fabrics that you might consider on a hot and humid day. If you can deal with wrinkles, linen is a great option. It's made from the natural fibers of the flax plant. It also doesn't feel as heavy as cotton does when it absorbs sweat. Rayon is another possibility, especially in a dry heat. It's a synthetic fiber that does not absorb moisture, but it's extremely lightweight. The downside to rayon is that it also wrinkles easily, and it tends to be a pain to launder. A polyester blend is ideal if you're going to be active in the heat. Although the

synthetic material doesn't allow your skin to "breathe" as well as cotton or linen, it dries incredibly fast, which means you won't be running or hiking in a heavy shirt bogged down with moisture. These materials tend to be the go-to hot weather choice for athletes.

3. **There's no such thing as "heat lightning."** When lightning flashes, there's always a thunderstorm somewhere to blame. It might be clear overhead, but what you're seeing is the lightning from a far-off storm that's beyond the horizon. Often these storms are so far away that you won't be able to hear the thunder. Things like wind direction, terrain and precipitation can all influence whether you hear thunder from a distant storm.
4. **Despite how it feels, humid air is actually less dense than dry air.** When the humidity gets high, the air seems dense. It feels like you can cut it with a knife. But in reality, humid air is actually less dense than dry air. It sounds crazy — how can air become less dense if we add more water vapor to it? The density of air is measured using its mass and its volume. And gas (air, in this case) is a special thing because a specific volume of gas will always have same number of molecules in a fixed volume, no matter what kind of molecules we add. As it turns out, water molecules are lighter than nitrogen and oxygen. So if you pump more water molecules into the air, which pushes out the heavier molecules, the air becomes less dense. This phenomenon also makes physical activity even harder on hot, humid days — there's less oxygen to breathe.
5. **July is the hottest average month across the Northern Hemisphere.** This is because of when the summer solstice occurs. On June 21, the Northern Hemisphere gets more sunshine and solar radiation than any other day of the year. But June is not the hottest month because it takes time for all of that energy to be reflected in Earth's temperature, because of a property known as specific heat. So we need to wait about a month until we see the hottest days, and then by August things start to cool.

## BHC Pool Guideline COVID Supplement

The State and Local Public Health & Safety agencies have granted us permission to open the pool as long as we follow their guidance. Our community needs to work together to keep it open and stop the spread of the COVID. Please do your part and cooperate with the pool operation guidelines below and enjoy! We are all in this together.

- Before heading to the pool feel free to contact the office to ensure that the pool is not already at maximum capacity.
- The pool is available for use only during office hours unless a lifeguard is on duty.
- Everyone **MUST** sign into the pool area - **NO** exceptions! The sign in sheet will be at the entrance to the pool.
- Everyone entering the pool area **MUST** sanitize their hands.
- Practice social distancing in and out of the pool, by maintaining a distance of at least 6 feet in between guests.
- If within 6 feet of any individual, a face covering that covers both the nose and mouth, **MUST** be worn.
- For you own safety, do **NOT** wear a face covering while in the pool!
- Children 16 years of age or younger, must be accompanied by a parent or guardian over 18 years of age.

The guidelines noted above are designed to supplement the policies already in place as **ALL** Pool Rules and Regulations still apply! Please refer to your Policy Book.



## Submissions for the Newsletter

If you have anything to put into the newsletter, it must be submitted by Monday at 4pm. I know we have a lot of new campers here, so if you want a birthday or anniversary added, please let us know!

## Sudoku!

	8		3	7		9	
9				6			7
		1				4	
4							3
	9			1		2	
6							1
		9				3	
5				2			9
	4		7		8		1

Help the squirrel through the maze to find its acorns





# Summer Word Search

B F G P W W S C A M P I N G S P X  
A A N R V D L X T C B N B B F O Q  
A I R C I W V O X W Q Y E B G O H  
T E R B W L H G I C S A B T J L U  
G U N C E S L N V N C L Z E E L N  
Z O B Q O C Z I O H O Y C F K I N  
J Q I K B N U W N I W I M K W A W  
E E S J T E D E K G T Y T Q H T L  
N H N T W R B I K R W A R A I N R  
S T G X A E A G T M A E X U C E M  
A A K H N O N V A I N P S A L A F  
P B F G Z I B E E I O M R C L H V  
I N Z X M V R D H L I N I E N E T  
V U V M X C P S E W I S I A T Y R  
R S I F E W N J S E P N E N Y A J  
S W V C W U Y W H O P C G V G J W  
S C I Z S I M B P J O S J A S Y V

RELAXATION  
TRAVELING  
HOT  
SUNSHINE  
POPSICLE

BARBECUE  
OCEAN  
BEACH  
SUNBATHE  
GRILLING

VACATION  
SWIMSUIT  
AIR CONDITIONING  
SWIMMING  
ICE CREAM

WATER PARK  
LAKE  
POOL  
CAMPING  
SPEEDBOAT

